

Hospitals can be hazardous to your health – the dirty little secret the medical industry doesn't want you to know.

Every year, four out of five Americans require medical attention. You may be next - and to whom will you look for help? Your family doctor, or maybe a local hospital?

What would you say if I told you that in this case you may well be among the millions who suffer a serious adverse reaction to – or even die from – the cure?

In 1994 a study in the Journal of the American Medical Association showed that on average 100,000 (yes, that's one hundred *thousand*) Americans die in hospital every year due to adverse reactions to their prescriptions. Another two million suffer serious illness for exactly the same reason – and that's counting only the people who were in hospital! How many more are killed this way in their own homes is anybody's guess.

And do you know what the crazy thing is? Most of these people *could have avoided the treatment that killed them!* And they could have done so quite easily – just by eating the right things. But the pharmaceutical companies and their lapdog, the FDA, don't want you to know about this – because right now they're growing rich off you! If you're happy with that, stop reading right now. If not, read on to find out the secret to perfect health they don't want you to find out about...

Have you ever watched one of these documentaries about life in some small, remote village where people still live just as their great-great-grandparents did? Have you noticed how *healthy* these people look – despite the fact that they have no access to modern medical facilities? Just look at them – there are guys there who are pushing 90 and have more energy and zest for life than your average 45 year old American!

So, what is it that these people do that we don't? It's no great secret – they have a diet that supplies them with all the nutrients necessary to maintain their health. Be honest – how often has your granny told you to “eat your vegetables, boy!”? Well, research has shown that she was absolutely right in telling you – the vitamins and minerals found in vegetables are the very things that'll keep you healthy and full of vitality!

There's just one problem.

Modern farming methods have so depleted the soil that today's vegetables only contain a fraction of the nutrients that your granny got. It's a sad fact, but today it's virtually impossible to eat enough vegetables to get all the nutrients you need to stay healthy. For a while it looked as if synthetically produced nutrients, such as multivitamins, might be the solution, but unfortunately this is not true. Synthetically produced, isolated vitamins lack the components which, in whole foods, allow the human body to absorb and use them. Taking a vitamin or mineral supplement instead of eating a vegetable is like eating a handful of flour instead of a slice of bread. The main ingredient is there, but all the other vital ingredients and processes are missing. So when you're buying an ordinary multivitamin, at best your money goes down the drain (literally – since the vitamins can't be digested, they end up in your urine!). At worst the extra strain of trying to break these vitamins down into a digestible format could do damage to

your health. The situation has gotten so bad, in fact, that both the World Cancer Research Fund and the American Institute for Cancer Research discourage the use of individual dietary nutrients.

So that's it? It's impossible to eat right?

Well, fortunately that's not the case. OK, so the vegetables you buy at your local grocery store may not do the trick any more. Fortunately research has discovered other plants (which wouldn't usually figure on your menu, such as algae) which are packed with all the nutrients you'll ever need.

And this is where Fit4Life, the **only** nutritional supplement that contains no synthetic compounds, comes in.

"I'm a professional trainer - I start my day at 6am and I keep going until 7 at night. Even though I'm supervising my clients, I'm working out all day. If my clients run as part of their training, I run with them. If my clients swim, I walk up and down the side of the pool with them. There's no way I can keep that up on power bars and energy shakes! Fortunately I've found something even better. Your formula definitely keeps my energy level up." – D. Brockman, Washington DC

"I'm a nutritionist and I can honestly say that I haven't seen a better or more natural product on the market that can restore a man's energy and vitality as well as your formula." – R. Bellows, Atlanta

Let me tell you about Fit4Life. Fit4Life contains not only plenty of ordinary nutrients, but also phytonutrients and herbal adaptogens. Now, you may not have heard about phytonutrients or adaptogens before, and with good reason. They will give your health and vitality such a boost that your doctor is going to see a lot less of you. In fact, the only time he may ever hear from you again could be your annual Christmas card saying "Still feeling great - sorry"! In short, once the news is out, pharmaceutical companies are going to lose a lot of money and doctors are going to lose a lot of business. You can well imagine

that there are a lot of people out there who don't want this information to get out – but I'm going to give it to you anyway, **because I think you deserve to know!**

And here's what they don't want you to find out...

There is overwhelming evidence that phytonutrients greatly reduce the risk of diseases of aging, such as cancer or heart disease – in fact, a number of leading scientists are convinced that a regular intake of phytonutrients can prevent these diseases altogether.

According to Newsweek magazine "The National Cancer Institute is so excited about phytochemicals, it has launched a multi-million dollar project to find, isolate and study them. Among their most intriguing talents is an apparent ability to block the multiple processes that lead to cancer"

"I used to suffer from terrible colds every winter. My throat was so sore I could hardly talk and my nose just never stopped running. This winter I decided to try Fit4Life – and I haven't had as much as a sniffle since! Thank you, Fit4Life!" – J. Cromby, Chicago

“As Head Coach of Athletes of America, I work with many promising young athletes. I believe that supplementing with the right vitamins and minerals is of primary importance. All the athletes that I have trained in the past year have added your formula to their diets. The results have been amazing. This product even keeps world-class athletes in top form. After the intense training they go through, they still have the energy to go that extra mile.” – J. Cunningham, Los Angeles

But phytochemicals are not only good for preventing diseases – they will also help to keep you in excellent health every day of your life! The two leading authorities on the subject, doctors McDaniel and McAnally, claim that “When phytochemicals are added to the diet, the capacity of human genes to protect and restore optimal health is far greater than previously recognized”

So how does this affect you? Well, can you imagine a life without fatigue? Without any of the little illnesses that make life a misery? A life where you have more energy that you know what to do with? Where you can put in a full day’s work and still have the energy to play catch or toss the ol’ pigskin around with your grandson in the afternoon (and round off the day with a romantic night with your wife!) A life where you will be so active that any “love handles” you may have at the moment will

disappear without a trace? (Especially if you know the 47 powerful little exercises that’ll turn your body into that of a Greek god – without ever having to visit a gym.)

Well, the right selection of phytonutrients can do all this for you – and more!

The Fit4Life nutritional supplement contains a wild-harvested rooted algae that contains a vast amount of phytonutrients – in fact, Fit4Life is the **only** nutritional supplement in the US to do so! Fit4Life is specially formulated to help you:

- Boost your immune system, protect against cancer and slow the aging process through its powerful antioxidant properties.
- Give your body all the energy it needs to stay healthy – and make you feel better than you ever have before!
- Burn that excess fat still lurking around and help you build muscle instead.
- Restore and protect your health – for the rest of your life!
- Cope with stress and banish fatigue.
- Promote your prostate and genito-urinary tract health.
- Control toxic reactions caused by drugs and environmental factors.
- Strengthen your cardiovascular system and prevent heart disease.
- Protect your prostate.

“When I turned 65, I started to feel my age. I thought my sexual prowess had gone the way of the Dodo. My wife didn’t say anything, but I knew what she was thinking. After taking your formula for a number of months, all I can say is, talk to my wife. She says that she feels like she’s living with a 25-year-old again!” – K. Rogers, Palm Springs

Send your doctor to the poor house – without going broke yourself

I cannot emphasize enough that this may be the most important thing you'll ever hear about. It's not only that you'll finally be able to enjoy your life, that you'll be bursting with energy and feel healthier than ever before – it's the fact that you can finally tell all those leeches that have been getting rich off you for so long just where to stick their drugs and treatments! This is your chance to get the energy and vitality you are entitled to – and you can do it the all-natural way!

Now, somebody else might try to take you for everything you got in this situation. After all, what price would you put on your health? But because I believe that good health should be an unalienable right, not a privilege, I'll offer you Fit4Life at the lowest price I can (without going bust).

That's why I'm going to offer you Fit4Life for **less than \$10 a week!**

"I used to suffer from high blood pressure, and I can tell you, it had me worried! My father died from a heart attack at the age of 55, and so my doctor put me on some pretty strong beta blockers. I started taking Fit4Life about a year ago, and guess what – not only did I feel great, but my blood pressure started dropping! My doctor couldn't believe when he had to reduce the dose of my medication – and after a few months stop it altogether. Now my blood pressure is perfect – and without any medication whatsoever!" – R. Miller, Dallas

"Both me and my wife have very demanding career live, and we don't want to waste out precious time together being sick. Since I started taking Fit4Life I've felt better than ever before in my life – not a single sign of illness! It's absolutely amazing!" – H. Walters, New York

By now you're probably wondering where you can get this great new product so you can start you new life – but before I tell you, I think you should hear a story I read just the other day...

The secret of the "lost" herbs

James Ryan was raised on a farm. You'd think that's about the healthiest place to grow up in – were it not for chemical farming methods. Like most boys, James was fascinated with planes, and so he'd sneak out into the fields to watch the biplanes spraying the crops. He'd stand in the middle of the field, letting the plane soar right over his head, watching the trailing cloud of pesticides cover the crops – and himself.

Twenty-five years later, he paid the bill for his childhood passion. The toxic substances that had built up in his body over the years, combined with the stress of trying to run a successful farming business finally caught up with him. It started with dizzy spells, getting worse and worse until he nearly collapsed one day. It looked like his immune system had been almost completely wiped out, and he held no hope of surviving for more than a year.

As a last resort, he turned to a Chinese herbalist, who prescribed a course of adaptogenic herbs. A year later, James had recovered almost completely.

“I’m a single dad and have a very demanding job to boot. I’ve never been able to spend the sort of quality time I wanted to with my boy. I thought it was because I’m not as young as I used to be – until I tried your product. Since I’ve been taking Fit4Life on a regular basis, I have energy to burn! Now I can spend quality time with my son every evening without feeling tired. I’ve even started coaching his little league team at weekends. I can’t tell you, how much this means to me – but I’d like to thank you from the bottom of my heart!” – E. McMillan, Moose Lake

Now, here’s an interesting bit of information about Chinese medicine. In ancient China they had a great system for paying their doctors: while the patient was healthy, the doctor got paid. The moment the patient showed any signs of illness, the payment stopped until he had made a full recovery.

Do you think that these doctors did everything they could to keep their patients as healthy as possible? You bet they did! And most of it was done by the use of adaptogenic herbs.

History shows that these herbs were used in the west as well as in Asia. Unfortunately, in the west their use was discouraged by the arrival of modern medicine – and these amazing adaptogens were lost to us for a long time.

Now they have been rediscovered – and

clinical research has proven that these herbs **can** help us adapt to our rapidly changing, artificial environment.

Here’s what adaptogens can do for you:

- Increase your body’s immune system.
- Help your body to utilise oxygen more effectively.
- Counteract the effects of stress.
- Support your adrenal function.
- Enable your body to have access to more energy.
- Restore balance to your body systems.
- Help build up muscle.

And because Fit4Life is specially formulated to make you the healthiest and most energetic you’ve ever been, it also contains a special selection of the most powerful adaptogenic herbs. (By the way, did you know that these herbs were used by the University of Hong Kong to help protect medical workers during the recent SARS outbreak?)

“As director of the Concord Health Institute, I see our job as being more than just a mini-vacation for our patrons. We do our best to teach our patients how important complete nutrition is for their overall good health and well being. And of course, returning to the stressful environment of their busy lives they need something to take back from the Institute to help them maintain their health and energy. We send a complimentary bottle of your formula home with other materials that we include in our “re-entry kit” (re-entry back to the stressful world)” – E. Lexton, Minneapolis

What are you waiting for?

So, if you are ready to send your doctor to the poor house, try Fit4Life today! Endorsed by Doctors and alternative health practitioners, Fit4Life is the ONLY nutritional supplement today that can give you the health and energy you deserve. The energy to have a life outside of work – a life spent playing with your grandchildren, perhaps, or hunting and fishing with your friends. Maybe take a fun-filled holiday abroad or a camping trip in one of the great national parks with your wife (complete with romantic nights under a clear, star-kissed sky). Imagine doing all this without having to worry about your health – knowing that you’re protected by the best in the field – Mother Nature herself!

And all this can be yours for the ridiculously low price of \$49.95 for a 30-day supply. Or if you prefer, you could order a 60-day supply for only \$79.95 (saving you \$19.95), or a 90-day supply at \$105.95 (saving you a whopping \$43.90!)

Now, let me ask you a question: How much do you spend each month on over-the-counter medication and vitamin/mineral supplements right now? \$100? \$200? Because that’s roughly the amount of money you’d have to spend on other supplements if you wanted to get

everything that Fit4Life has to offer. But, as I said before, I believe that your health is something you have a right to – not something you should have to afford, and that’s why I’ve decided to offer you Fit4Life at these incredibly low prices. And I’m so certain that Fit4Life will improve your health and vitality beyond measure that I’m willing to offer you a no-quibble, 100% money back guarantee!

“I’ve been driving 18-wheelers for the past 20 years. This is the way I make a living, and I really do enjoy the freedom. Still, life on the road sure takes its toll. Your formula gives me the energy I need to concentrate on the road and the vitamins I need to counteract my “trucker’s diet.” I’d definitely recommend it to all my good buddies out there!” – H. Haggerty, Tucson

“I rarely have the time to eat a healthy and nutritious meal. Breakfast is a cup of coffee, lunch is a cold sandwich, and dinner? Either heavy restaurant food with a client or a pizza. By taking Fit4Life I manage to replenish what my regular diet doesn’t give me. Your formula makes me feel better about missing a meal, because I know I’m getting all of the vitamins, minerals and nutrients I need.” – H. Walters, New York

Our guarantee to you

If, for any reason, you're not COMPLETELY happy with our product, simply send back the remainder of the pack and I'll refund you 100% of the purchase price – no questions asked!

So you see you've got nothing to lose and everything to gain if you try Fit4Life. I'm taking all the risks, so you can get the chance to have the life you deserve. Don't you agree that you should at least give Fit4Life a try – for an opportunity to join the ranks of the few who can enjoy their lives to the fullest?

Fit4Life is, of course, manufactured to the very highest standards. It carries my "Quality Assured Pledge" and is Doctor reviewed and endorsed. I will give you nothing but the best – because I believe that's what you deserve!

Sincerely,

Martin Smith, M.D.

P.S. You know something? There's really no reason why I should stop at giving you valuable advice on nutrition. So I'll throw in some information I got from talking to Shaolin monks (yes, those of Kung Fu fame) during my stay in China. You see, the secret to superb fitness is not lots and lots of sweating through aerobic exercise – it's all about muscle toning! And that's something you can do easily in the comfort of your own home, without any expensive equipment. So, if you decide to try Fit4Life, I'll send you my special report "Have the body of a Greek god – through 27 simple exercises" ABSOLUTELY FREE. And you can keep it, even if you decide to return the product – just as a little "thank you" for giving Fit4Life a try!

Dr. Martin Smith

Dr. Smith achieved his undergraduate degree from Oxford University and went on to obtain his medical degree from John Hopkins University.

Dr. Smith first stumbled upon this formula when he was on sabbatical in Linhai, a small town to the south of Shanghai. He was researching herbs used by ancient Chinese healers.

It was during this time that Dr. Smith made the decision to go against conventional medicine and explore the benefits of natural healing. He had watched his father, who was once a healthy and robust man, become listless, sluggish and apathetic. His goal was to find a way to battle the damaging effects of the typical Western diet, which he believed was responsible for his father's mental and physical decline.

After several years of research and trials, Dr. Smith finally developed this product, which is currently available only through his clinic. The proceeds are donated to his continuing research in men's health.